



Moreland City Council

INSIDE MORELAND

WINTER 2018

HEALTHY LOCAL BUSINESS

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Learn English as a family

Give Glenroy a Go

What's on at Counihan



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Türkçe	9280 1914	All other languages	
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Published by Moreland City Council,
July 2018.

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Cover image: Tina and Nic at their Brunswick business *Ciao Mamma!*

Welcome to Inside Moreland

A message from your Mayor



Welcome to the winter edition of Inside Moreland.

The year is flying by and I hope this edition finds you keeping warm and avoiding the nasty sniffles associated with the colder season. Here's also to hoping that your football team is performing well – certainly better than my Blue Boys! (There's always next year!)

Although it has been a very busy time at Council, it has been truly wonderful to be out-and-about meeting up with so many residents and business owners. Moreland really is a marvellously engaged community and I'm grateful to all for your openness in discussing issues with me that are important to you.

In this edition we learn more about the work of Council's Environmental Health Team. With about 1200 registered food and health-related businesses in Moreland, I'm sure you can appreciate that this is vitally important work. The team looks after businesses involving food, beauty therapy, tattoos and proscribed accommodation such as motels and student rooms.

We also learn about Moreland-based business Reground. The business collects and recycles coffee grounds from local cafes, diverting waste from landfill.

As a primary school teacher I was most interested to learn of Word Play, a free program run at Fawkner Library for parents of children aged between three and five to learn English together as a family.

Our Give Glenroy A Go campaign is on in earnest as we seek funding from the State Government for the Wheatsheaf Community Hub. I encourage all residents to get involved in this important capacity-building project.

On behalf of my fellow Councillors, I remind you that we are all available to assist you in any Council-related matters. You will find our contact details on the back cover.

Happy reading!

Cr John Kavanagh
Mayor of Moreland

Your coffee grounds at work



Business owner Kirstyn, from Brunswick café Small Axe Kitchen, recycles the shop's used coffee via the Reground program.

Wonder where all the coffee grounds go from your morning flat-white, soy latte or espresso?

Every year Australia produces an estimated 75,000 tonnes of ground coffee waste. Most of this goes straight to landfill where it produces methane – a greenhouse gas which is 25 times more potent than carbon dioxide.

Local environmental entrepreneurs from Reground are helping to close the loop on all this waste. Their project supplies local businesses with bins to fill with their used coffee grounds. Reground then transports this nutrient-rich coffee waste to community gardens, farmers and home gardeners alike.

Reground has saved 177 tonnes of ground coffee from landfill to date. The project has just received a \$15,000 grant from Moreland City Council, which will enable them to visit more than 100 cafes across Moreland – diverting more waste from landfill, back into food production.

“Our project is really about changing people’s mindsets about food waste in particular,” Reground Director Kaitlin says.

“We’re closing the loop on organic waste – making things more resourceful for our pocket, people and the planet.”

“Each time you see the Reground van we are repurposing over one tonne of coffee,” she adds. “That’s 33,000 lattes!”

Moreland Councillor Mark Riley says Reground is a great example of the innovative ways businesses in Moreland are repurposing organic waste. “This is just one of many great initiatives Council is supporting on the road to reducing waste. It’s great to see businesses, residents and Council all working together – investing in a better future by diverting waste from landfill.”

Popular Brunswick café Small Axe Kitchen has been partnering with Reground for just over a year.

Co-owner and founder Kirstyn says, “We love Reground and are really happy to be a part of their community.

“The friendly team at Reground supplied us with the coffee bin and drop by with their van to pick up the coffee grounds once a week. It’s really important for us as a business to be thinking about the environment – to do our bit.”

So ask your local café if they’ve heard about Reground, or jump online to see a list of cafes using the service to dispose of their coffee grounds sustainably.

Reground’s website also gives you the opportunity to sign up to have nutrient-rich coffee grounds – perfect for your backyard – delivered straight to your door.

For more information on the many ways Council is working to reduce waste see moreland.vic.gov.au/waste

For Reground services see reground.com.au

Business registrations – food and public health in Moreland

With almost 2000 food and public health-related businesses currently registered with Moreland City Council, and many more starting up as the population grows, it's important that all food and-health-related shops – like your local café, bar, take away shop or favourite hairdresser – are registered.

This helps keep the community healthy by making sure all shops are correctly handling the food you eat and that any other businesses – like motels, beauty businesses and tattooists – are clean and safe.

These two categories of businesses are also legally required to be registered, in line with the State Government's *Food Act* and the *Public Health and Wellbeing Act 2008*.

Council's Environmental Health Unit works hard to ensure the health and wellbeing of Moreland's residents and visitors by inspecting businesses throughout the year.



Alvaro Flores in action.

From checking that food preparation and handling activities are done in a safe manner, to ensuring tattooing processes and equipment are conducted in a hygienic environment, these unscheduled inspections aim to ensure Moreland businesses are providing services safely.

Council is also here to support business ideas to come to life. The Environmental Health Unit offers a service to review plans and to provide advice, including practical design tips for the fit-out of different types of food or health businesses. Council also offers free on-site meetings and progress inspections for new businesses being planned and built across Moreland.

Lauren Darling and Alvaro Flores Mejias – owners of Coburg's popular new La Flor Sagrada professional tattoo studio – have lived in Moreland for more than 10 years. Before opening La Flor Sagrada, Lauren submitted the Sydney Road shop's plans to Council for assessment.

"We just wanted to do everything right first," Lauren says. "Having prior training in surgery planning, design consultancy and as a dental assistant, I am very familiar with health standards but I really wanted to be absolutely sure everything was in place."

Now home to six renowned tattoo artists, La Flor Sagrada Tattoo is visited by clients from all over the world. Originally from Spain himself, Alvaro has customers coming to Coburg from Dubai, England and Canada, just to name a few.

"If you do quality work, have a good safe process and top customer service, people are bound to hear

about you," Alvaro says.

Incorrect business practice can have serious health impacts – causing food poisoning or other health issues. Council's Environmental Health Unit aims to educate local businesses on how to best keep the community safe.

It's also important to remember that serious penalties apply for those who fail to register a food or health-related business with Council. There are also significant fines for businesses that do not maintain a hygienic environment and practice.

All businesses that handle, prepare, package, store, serve, supply and repackage food must be registered with their local council according to the Food Act.

When starting up their own dream business – a modern Italian eatery in Brunswick called Ciao Mamma! – husband-and-wife team Tina and Nic were keen to ensure all the boxes were ticked.

Making fresh pasta and sauce daily, Ciao Mamma! is becoming known as a local hub for friendly service and fresh food (with plenty of gluten-free options available).

Tina and Nic add that their restaurant aims to stay true to the Italian heritage they love, while celebrating it for a new generation of pasta lovers – from all backgrounds.

The pair says Council was very helpful when it came to understanding the process for getting a business up-and-running.

"Before we started the business, we looked to Council for guidance," Tina says.

“And we’ve grown from day one – when the shop was just an empty warehouse shell – and Ciao Mamma! has really blossomed.”

So if you’re thinking of starting a business or are currently running one, you can maximise your chance of success by ensuring that you understand the risks and government requirements that apply to you.

By setting up the correct lighting, systems for waste disposal, along with the correct sinks and food preparation surfaces in the first place, you’re avoiding unnecessary costs and headaches down the track.

Moreland Councillor Ali Irfanli says Council has a range of services to support the local business community.

“It can be both an exciting and stressful time, setting up and

running a small business,” Cr Irfanli says. “I recommend all Moreland business owners – or business dreamers – touch base with Council. We’ll help you to get things off the ground.”

Jump online for more information on the range of Council services on offer for businesses at moreland.vic.gov.au/business or call 9240 1111.



Nic and Tina outside their authentic Brunswick Pasta Bar, Ciao Mamma!



FREE FAMILY LITERACY PROGRAM

Learn English
as a family.

Get school-ready
with your child.

Games, play, reading,
songs, puppets.

تعلموا اللغة الإنجليزية كأسرة

एक परिवार भएर अंग्रेजी सिक्नुहोस्

Bir Aile Olarak İngilizce Öğrenin

اپنے گھر والوں کے ساتھ مل کر انگلش سیکھیں

Fawkner Library, Jukes Road

9.30 am, Tuesdays during school term. Ph. 9355 4200.

This is a Moreland City Council program in partnership with Merri Health, supported by State Library Victoria and Public Library Victoria Network.

moreland.vic.gov.au/libraries

Giving Glenroy a chance to grow

The ‘Give Glenroy a Go’ campaign – launched at the 2018 Glenroy Festival – is bringing the community together to appeal for much-needed health and education services in Moreland’s north.

Moreland City Council is planning to build the Wheatsheaf Community Hub on the site of the old Glenroy Primary School. The Hub would provide a new library, childcare and kindergarten, maternal and child health, community health, meeting spaces and lifelong education services – all in the one central location.

To be built in the heart of Glenroy, The Wheatsheaf Community Hub would offer lifelong learning and support opportunities for locals.

The plans for the brand-new facility also include an enhanced park at Bridget Shortell Reserve, a community food garden and extra play spaces for children.

Located on Glenroy’s Wheatsheaf Road, the Hub would provide a place where people can enjoy time with their family and friends, learn and access local support services.

Moreland Mayor John Kavanagh says the new facility would bring long-needed services to the diverse suburb.

“The City of Moreland is providing the land and millions of dollars,” Cr Kavanagh says, “But we can’t do it alone; it’s time for other levels of government to chip in.”

Council is seeking \$6 million in funding commitments from both State and Federal Governments to build the \$24.5 million Hub. If this funding goal is reached, Glenroy’s Wheatsheaf Hub could be open as early as 2021.

Dedicated to keeping fit, Anne Harvey has been a Moreland resident for 20 years. She says the seniors’ exercise class she takes every Friday at the Glenroy Learning Centre needs more space.

“Currently we’re using a child-care room for our fitness classes,” Anne says. “There’s very limited space and we’re even restricted to sitting on chairs for simple group exercises. We don’t have much room to move around in at all.”

If funding goals are reached, the Wheatsheaf Community Hub will support Glenroy residents of all ages, lifestyles and backgrounds to stay fit and healthy. The Hub plans include a community garden, large community rooms for use and plenty of open space.

“We need much more space, a much bigger room,” Anne adds. “Other suburbs have got them, but we’ve got nothing here in Glenroy.”

Glenroy’s population is set to grow by 10 per cent over the next five years. Mayor John Kavanagh adds that the area has often been overlooked. “For too long Glenroy has been missed by state and federal government funding.”

Member for Wills, Peter Khalil, recently made a funding commitment of \$6 million on behalf of the Labor party if it wins the next federal election.

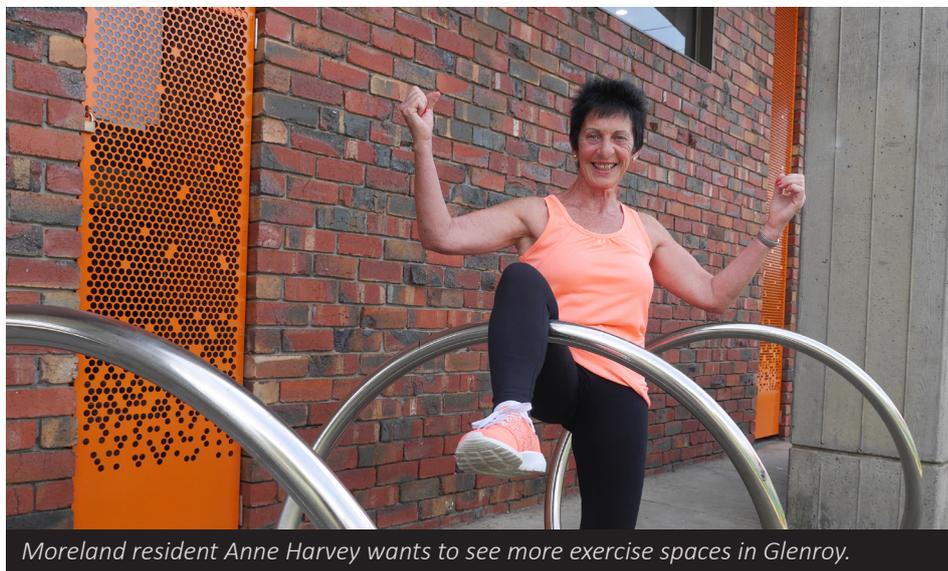
“We are delighted with this commitment,” Cr Kavanagh adds. “Now we’re asking that the state Labor party – which has held the seat since 1955 – matches Peter Khalil’s important commitment.”

“With more and more people wanting to call Glenroy home, current services are too dispersed and not up to scratch.”

The Wheatsheaf Community Hub would allow people to come to a one-stop-shop for all kinds of services.

Parents would be able to see the Maternal and Child Health Nurse, while their other children are learning or enjoying the playground.

People will be able to access family and community health services and allied services, such as speech therapy, under the same roof.



Moreland resident Anne Harvey wants to see more exercise spaces in Glenroy.

Family Day Care Worker Sureka Heeraluge – along with the children she looks after – are big fans of the existing Glenroy Library, especially the ‘Storytime’ sessions where the community comes together to share books and songs with Moreland’s youngest story lovers.

“We love coming to the library, especially to the Rhyme Time program. The children absolutely love it,” Sureka says, “and they learn a lot too.”

“But, when we visit the library,” Sureka adds, “There’s just too many people and a big crowd. Everyone is squashed, so we definitely need a bigger library for Glenroy.”

The new Wheatsheaf Community Hub will mean a bigger library for Glenroy, creating more space for the area’s growing number of younger residents – along with more programs and resources for people of all ages and backgrounds.

As of early July 1000 people had signed postcards and more than 1500 had already signed an online petition.

The Wheatsheaf Community Hub would be located within walking distance of Glenroy Railway Station, and will be accessible by local bus routes.

Cr Kavanagh urges all Morelanders to “let Premier Daniel Andrews know to ‘Give Glenroy a Go’” at moreland.vic.gov.au/give-glenroy-a-go, or pick up a postcard at any Library, Customer Service Centre or across the Glenroy community.

Join the campaign to make Glenroy’s new community facility, the Wheatsheaf Hub, happen. You can also phone Council on 9240 1111 for more information.

JOIN US

Moreland City Council will demonstrate extensive community support for the Wheatsheaf Community Hub.

When?

11 am Wednesday 1 August.

Where?

Steps of Parliament House, Spring Street, Melbourne

From Mayor John

Kavanagh:

“Stand with me and my fellow Councillors on the steps of Parliament House to support our call for a \$6 million investment in the Wheatsheaf Community Hub.”

“Show the Premier it’s time to ‘Give Glenroy a Go!’”



Family Day Care Worker Sureka Heeraluge says a larger library in Glenroy is needed.



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PEACE & THE PURSUIT OF HAPPINESS

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GETTING IN TOUCH WITH YOUR COUNCILLORS

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Coburg | Coburg North | Fawkner

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Deputy Mayor

nabboud@moreland.org.au
0499 807 166



Cr Sue Bolton

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0417 583 664



Cr Annalivia Carli Hannan

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Cr Ali Irfanli

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Glenroy | Gowanbrae | Hadfield | Oak Park | Pascoe Vale | Pascoe Vale South

northwestward@moreland.org.au



Cr Helen Davidson

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Cr John Kavanagh

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INSIDE MORELAND
WINTER



Moreland City Council