

# Merri-bek Food & Material Aid Relief Services



512 Sydney Road  
Coburg 3058  
T 9350 3737

Community organisations across Merri-bek and surrounds provide food and material aid to residents to address basic needs in times of financial crisis for people who have limited means or resources. Some agencies may only service particular areas or residents, see below for more details.

Last updated: 19/02/2024

## ADRA Community Care - Preston

94 David Street, Preston  
T 1800 242 372  
@ADRA Community Care - Preston

### AVAILABLE

Food relief and baby essentials

### HOURS

Message via Facebook with name, address and phone number

## Community Information & Support

### Merri-bek

### (CIS Merri-bek)

512 Sydney Road, Coburg 3058  
T 9350 3737  
@cismmerri-bek

### AVAILABLE

Pantry items, fresh fruit and vegetables, toiletries, cleaning products, knitted goods, sanitary products, fresh and frozen meals, vouchers and financial assistance

### HOURS

Monday to Thursday  
10.00am - 2.30pm

## Dallas Neighbourhood House

180 - 182 Widford, Broadmeadows  
T 9302 2131

### AVAILABLE

Food parcels for residents of Broadmeadows, Dallas, Jacana, Glenroy, Campbellfield, Meadow Heights and Coolaroo. Healthcare, Pension or Immicard required.

### HOURS

Tuesday  
9:30am - 11.00am  
Appointment only.

## Glenroy Neighbourhood House

5B Cromwell Street, Glenroy 3046  
T 9304 3910

### AVAILABLE

Food parcels, meals, cleaning and personal hygiene products

### HOURS

Tuesday  
10.00am - 1.00pm

## Northpoint Centre - Tullamarine

3 Trade Park Drive, Tullamarine 3043  
T 9338 1898  
@NorthpointCentreTullamarine

### AVAILABLE

Via drop in - no appointment required. Pantry items, fresh fruit and vegetables, dairy and frozen meals. Cost \$5.

### HOURS

Monday to Thursday  
9.00am - 11.30am  
Friday 12.00am - 1.00pm

## Northpoint Centre - Newlands Senior Citizens Centre

49 - 53 Murray Road, Coburg 3058

### AVAILABLE

Via drop in - no appointment required. Pantry items, fresh fruit and vegetables, dairy and frozen meals. Cost \$5

### HOURS

Tuesday 11.30am - 1.30pm

## Nourishing Neighbours

30 Bishop Street, Coburg 3058

### AVAILABLE

Food hampers via agency referral

### HOURS

Appointment only. Contact Social Work or Support Service to access emergency food relief.

**Really Really Free Market**  
144 - 146 Sydney Road, Coburg 3058

**AVAILABLE**  
Food hampers

**HOURS**  
Wednesday 11.00am - 3.00pm

**Reynard Street Neighbourhood House**  
104a Reynard Street, Coburg 3058  
T 9386 7128

**AVAILABLE**  
Food hampers  
Cost \$5  
Take away meal (BYO container)

**HOURS**  
Wednesday 12.00pm -1.30pm  
School term only

**Salvation Army**  
T 8873 5288 - Phone Assessment Line  
Victoria Wide

**AVAILABLE**  
Financial assistance

**HOURS**  
Monday to Friday  
9.00am - 4.00pm

**St Vincent De Paul**  
T 13 18 12

**AVAILABLE**  
Financial assistance, food hampers

**HOURS**  
Monday - Friday  
10.00am - 3.00pm

**Turbans 4 Australia**  
4/44 Mahoneys Road, Thomastown

**AVAILABLE**  
Food hampers

**HOURS**  
Sunday 11.00am - 1.00pm  
Walk In, No appointment needed

**Uniting - Asylum Seeker's Welcome Centre**  
212 Sydney Road, Brunswick 3056  
T 9388 2459

**AVAILABLE**  
For people seeking asylum only - call to discuss support required, visa paperwork required

**HOURS**  
Monday - Thursday  
8.30am - 4.00pm

**Uniting - Lentara**  
413 - 419 Camp Road, Broadmeadows 3047  
T 9351 3600

**AVAILABLE**  
Food hampers and material aid

**HOURS**  
Monday - Friday  
10.00am - 12.30pm

**VACCA**  
340 Bell Street, Preston 3072  
T 9287 8800

**AVAILABLE**  
Food vouchers, support to pay bills, other material aid, referral to financial counselling and other support services. For Aboriginal singles and families only.

**HOURS**  
Monday - Friday  
9am - 5pm

This flyer is produced by a team of volunteers who regularly check and update this information.  
Please contact [info@cismerri-bek.org.au](mailto:info@cismerri-bek.org.au) if you would like your information included.

We are proudly supported by:



**Merri-bek**  
City Council