



**Merri-bek**  
City Council

# **Merri-bek Delivered Meals Service**

**Supporting people  
to enjoy a nutritious,  
home-style meal.**



The meal includes:



1.

**Entrée**

2.

**Juice**



3.

**Main meal**



4.

**Dessert**



## **About our nutritious meals**

- Meals are offered seven (7) days a week.
- Delivery is available five (5) days a week on weekdays (not public holidays).
- There are a variety of main meal options per day and our menu is changed every season.
- Chilled and frozen meals are available.

## **Nutrition**

Our menus are compared to Meals on Wheels National Meal Guidelines to meet important nutrition targets for older people.

## **Dietary requirements**

We can cater to a variety of dietary requirements including: allergies, low gluten, vegetarian, texture modified (soft, cut, vitamised). Ask us how.



## What our clients are saying about our service ...



“

“We are delighted with the quality of the meals.”



“

“Getting meals means I don't have to go to the shops as often.”



“

“The drivers are amazing. It's really nice seeing a familiar face and they are always smiling.”

## **Additional benefits of our service**

We provide more than a meal. Our friendly meals drivers will help pack away meals, check people's welfare, and follow up if there is no answer when the meal is delivered.

## **Who can access our delivered meals?**

Anyone within the Merri-bek and Darebin council areas can access meals from Merri-bek Council. People eligible for Commonwealth or State funded support programs may receive funding to help pay for the meals. Call us to discuss.

## **Improving our services**

We encourage and listen to your feedback, complaints and compliments. This is how we know what we are doing well and how we can improve. The regular delivered meals survey provides detailed insights.

## Contact us

Merri-bek City Council  
Locked bag 10,  
Brunswick VIC 3056  
Australia

[merri-bek.vic.gov.au/delivered-meals](https://merri-bek.vic.gov.au/delivered-meals)

### Email:

[foodservices@merri-bek.vic.gov.au](mailto:foodservices@merri-bek.vic.gov.au)

### Phone:

03 9240 2302

### TTY:

Phone 133 677

## Merri-bek Language Link

Italiano	Italian	9280 1911
Ελληνικά	Greek	9280 1912
عربي	Arabic	9280 1913
Türkçe	Turkish	9280 1914
Tiếng Việt	Vietnamese	9280 1915
पंजाबी	Nepali	9280 0751
普通话	Chinese (Simplified)	9280 0750

### National Relay Service:

13 36 77 or [relayservice.com.au](https://relayservice.com.au)