



Merri-bek
City Council

Free
Program

Age Well Program

Free information and advice for older people in Merri-bek

Our Ageing Well team is here to answer your questions about what supports and opportunities are available to you.

Our friendly team can provide personalised advice to you and your family.

We can help you with:

- Advocating for you to get the services you need.
- Navigating services, including My Aged Care.
- Finding an Aged Care provider to support your independence at home and in the community.
- Helping you get your needs circumstances have changed

- Discovering social activities, exercise programs and volunteering opportunities.
- Learning new skills (including digital classes).
- Planning and setting goals for your future.
- Filling out forms and applications.
- Support for carers.

If you need help with something not listed here, we may still be able to help you. Please give us a call to discuss your needs.

Contact us

Phone

9240 2270

Email

agewell@merri-bek.vic.gov.au

In person

Please call us to book an appointment.

We can meet you at your home or in any of our offices (in Glenroy, Coburg or Brunswick).

This is a free and confidential service. You do not need a referral.

Speak with us in your language



For more information visit merri-bek.vic.gov.au/your-language

Per maggiori informazioni nella tua lingua, chiama il numero **9280 1911**

اپنی زبان میں مزید جاننے کے لیے،
9280 1917 پر کال کریں۔

如需了解更多您语言版本的信息，请致电 **9280 0750**

अपनी भाषा में अधिक जानने के लिए, **9280 1918** पर कॉल करें

Για να μάθετε περισσότερα στη γλώσσα σας, καλέστε το **9280 1912**

तपाईंको भाषामा थप जान्नको लागि,
9280 1910 मा कल गर्नुहोस्

Para saber más en tu idioma llama al **9280 1916**

To speak with us in a language not listed here, please call **9280 1919**

لمعرفة المزيد بلغتك، اتصل
بالرقم **9280 1913**

Kendi dilinizde daha fazla bilgi edinmek için **9280 1914'**ü arayın

Để tìm hiểu thêm bằng ngôn ngữ của bạn, hãy gọi **9280 1915**