Reframing Behaviour



This workshop is for all Teachers and Educators within Merri-bek City Council

Behaviour is the output of many processes that happen internally. As teachers & educators it is important to consider what lies underneath the behaviour.

This presentation will focus on:

- How the senses impact behaviour
- Different sensory systems including interoception
- Explain the quadrants of the sensory profile
- Polyvagal theory and the polyvagal ladder.
 - Quest for safety What are the cues of perceived danger
 - Hierarchy of responses.
 - Concept of neuroception
 - o Importance of co-regulation

This workshop will be presented by Susan Fowler.



Susan Fowler is an Occupational Therapist and Specialist Behaviour Support Practitioner, currently working in Australia (with Trellis Australia).

She has worked extensively in Australia and the UK with over 30 years' experience working with people with disabilities, their families and wider supports.

Key Details

Date

Thursday 14 August 2025

Time

6.00pm - 7.30pm

Venue

Online. Link to session will be provided upon registration

Cost

FREE

Bookings

Bookings are via Humanitix. To make a booking please visit

Resources for education professionals (Merri-bek Council)

For further information please call 9240 1111.

Speak with us in your language

For more information visit merri-bek.vic.gov.au/your-language

Per maggiori informazioni nella tua lingua, chiama il numero 9280 1911

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