



Merri-bek
City Council



Early Years Services for Families

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Maternal and Child Health Service

Our Maternal and Child Health (MCH) Service works in partnership with families to support the health, development and wellbeing of babies and young children. This service is confidential, voluntary, and provided at no cost to all families in Merri-bek.

Merri-bek MCH service works from a strengths-based, family-centred approach to ensure children have the opportunity to experience optimal health, development and wellbeing.

All MCH nurses hold specialist qualifications in Midwifery and Child and Family Health and are part of a network of local services to support health and wellbeing. MCH nurses can provide referrals to other relevant services as part of your consultation.

Information about your family is confidential and is maintained in accordance with the **Privacy and Data Collection Act 2014 (Vic)** and **Health Records Act (Vic) 2001**.

Our MCH service is open Monday to Friday. Once a month we open two MCH centres on a Saturday morning. You can book a Saturday morning appointment for any of your Key Age and Stages visits.

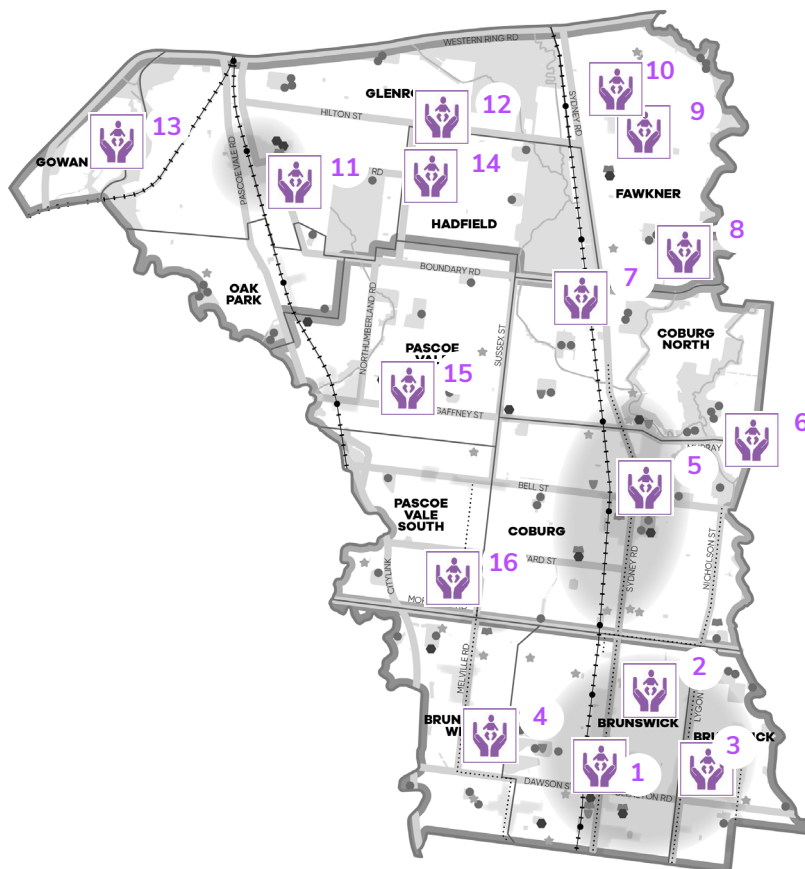
Merri-bek City Council acknowledges the Wurundjeri Woi Wurrung people as the Traditional custodians of the lands and waterways in the area now known as Merri-bek. We pay respect to their Elders past, present, and emerging, as well as to all First Nations' communities who significantly contribute to the life of the area.



Merri-bek Language Link

Italiano	Italian	9280 1911	Türkçe	Turkish	9280 1914	普通话	Chinese (Simplified)	9280 0750
Ελληνικά	Greek	9280 1912	Tiếng Việt	Vietnamese	9280 1915	National Relay Service: 13 36 77 or relayservice.com.au		
عربي	Arabic	9280 1913	नेपाली	Nepali	9280 0751			

Maternal and Child Health Centres



Maternal and Child Health Centres

1. Balam Balam Place
2. Albion
3. Lygon
4. Victoria
5. Coburg
6. Newlands
7. Merlynston
8. Lorne Street
9. Fawkner
10. Wimbi
11. Glenroy
12. Belle Vue Park
13. Gowanbrae
14. Hadfield
15. Pascoe Vale
16. Woodlands

Brunswick, Brunswick East and Brunswick West

1. **Balam Balam Place Maternal and Child Health Centre**
15 Phoenix Street, Brunswick
2. **Albion Maternal and Child Health Centre**
123 Albion Street, Brunswick
3. **Lygon Maternal and Child Health Centre**
320 Lygon Street, Brunswick East
4. **Victoria Maternal and Child Health Centre**
482 Victoria Street,
Brunswick West

Coburg and Coburg North

5. **Coburg Maternal and Child Health Centre**
1 Wardens Walk, Coburg
6. **Newlands Maternal and Child Health Centre**
20 Murray Road, Coburg
7. **Merlynston Maternal and Child Health Centre**
Bain Reserve, Merlyn Street,
Coburg North

Fawkner

8. **Lorne Maternal and Child Health Centre**
40 Lorne Street, Fawkner
(Fawkner Primary School)

9. **Fawkner Maternal and Child Health Centre**
79 Jukes Road, Fawkner

10. **Wimbi Maternal and Child Health**
84 Lawson Street, Fawkner

Glenroy

11. **Glenroy Maternal and Child Health Centre**
Glenroy Community Hub
3/50 Wheatsheaf Road, Glenroy
12. **Belle Vue Park Maternal and Child Health Centre**
73 - 99 Morell Street, Glenroy
(Belle Vue Park Primary School)

Gowanbrae

13. **Gowanbrae Maternal and Child Health Centre**
2A Marigold Crescent, Gowanbrae

Hadfield

14. **Hadfield Maternal and Child Health Centre**
20A Volga Street, Hadfield

Pascoe Vale

15. **Pascoe Vale Maternal and Child Health Centre**
Pascoe Vale Community Centre
7 Prospect Street, Pascoe Vale

Pascoe Vale South

16. **Woodlands Maternal and Child Health Centre**
20 Woodlands Avenue,
Pascoe Vale South

What if my child is sick, should I still attend our appointment?

NO. If your child or family member is unwell, please do not attend.

Call the booking line on 9240 1111 and select 2 to reschedule your appointment.



Our MCH Service Provides:

- Key Ages and Stages support from birth to 3.5 years
- Parenting information and support
- Breastfeeding and nutrition information
- Maternal and family health advice
- Referrals to specialist services

Key Age and Stages (KAS) visits



Scan QR to
access online
KAS packs



Home visit

Safe sleeping, home safety, immunisations, breastfeeding and feeding, parent support, play and learning



2 weeks

Growth, development, safety, breastfeeding and feeding, hearing review and birth registration



4 weeks

Safe sleeping, home safety, nutrition/breastfeeding, play, learn, grow, immunisations, parent support and family wellbeing



8 weeks

Nutrition/breastfeeding, hips/physical assessment, play, reviews of growth, development, sleep/settling and family wellbeing



4 months

Parents' Evaluation of Development Status (PEDS), parenting support, link to playgroups, immunisations, reading and books



8 months

PEDS, poisons information, preventing injuries, oral health, immunisations, play, learning and development



12 months

PEDS, healthy family foods, sun smart, oral health, immunisations, parenting support and family wellbeing



18 months

Preventing injuries, playgroups, immunisations, how play helps learning and development



2 years

PEDS, growth development, nutrition and feeding, parenting support, safety and kindergarten information



3.5 years

Growth, development, nutrition and feeding, parenting support, safety, oral health, vision screening and kindergarten information

Home Visit

We will contact you in the week following discharge from hospital and organise a home visit with you. Following the home visit, families are invited to attend an MCH centre in their local area for ongoing support.

Centre Visits

The other KAS visits are at our MCH centres.

They are for:

- 2, 4 and 8 weeks
- 4, 8, 12 and 18 months
- 2 and 3.5 – 4 years

Additional visits are offered to families needing extra support where possible.

Enhanced Maternal and Child Health (EMCH) Service

Our EMCH service is delivered by Enhanced MCH nurses who provide free, confidential, short-term support and guidance to families with children 0-3 years experiencing early parenting difficulties. The service works with you and your centre based MCH nurse. We provide strengths-based information and flexible support in your home and MCH Centre,

Eligibility criteria applies. Examples of support provided include:

- transition to parenting
- understanding babies and children's communication - sleep and settling - emotional health support - family relationships, communication and safety

- child growth and development
- referral and advocacy with other health services and agencies
- access to our Supported Playgroups

New Parents' Group (NPG)

New Parent groups are for first time parents. They are a wonderful way to meet new families in your community. Your Nurse will provide you with information about joining a NPG.

Sleep and Settling Support

MCH nurses can support you with your child's sleep and if needed, make referral to our outreach support program. For information visit www.merri-bek.vic.gov.au/mch or speak to your MCH nurse.



Scan the QR code to access Sleep and Settling Fact Sheets

LGBTQIA+ Families Group

To be connected with Rainbow families, please ask your MCH nurse to link you to a local WhatsApp group. We have face to face catch ups for families to come together, meet new friends, share and learn together. If you are interested, speak to your MCH nurse.

Dads of Merri-bek

Join our Dads Groups at Dadsgroup.org/dads-of-merribek and connect with local dads on the same parenting journey as you.



Scan the QR code to access Resources for Dads.

Breastfeeding support

Our Maternal and Child Service offers breastfeeding support to families. Sessions are by appointment and operate at different locations on Mondays, Wednesdays and Thursdays.

For an appointment

Please call 9240 1111 and select option 2 for Maternal Child Health

Australian Breastfeeding Association

1800 686 268

Contact us and learn more



Scan QR to access Maternal and Child Health information

Your First Contact with MCH

- Once your baby has been born and the Hospital has sent your birth notice to us, you will receive a SMS to register for the MCH service at Merri-bek City Council.

MCH Appointment Line

- To make, cancel or reschedule an appointment or make an enquiry call the Appointments Line on **9240 1111** and select 2 or fill in our online form on the Merri-bek MCH Website at merri-bek.vic.gov.au

For further information:

- **Email:**
MCHAppointments@merri-bek.vic.gov.au
- **Website:** merri-bek.vic.gov.au
- **National Relay Service:** 13 36 77
This service can help if you are deaf or hard of hearing.

Maternal and Child Health 24-hour Line

The Maternal and Child Health Line is a free telephone support service for parents to get advice from a Maternal and Child Health nurse. It is available 24 hours a day, seven days a week on **13 22 29**.

You can get advice on:

- Child health
- Nutrition
- Breastfeeding
- Maternal and family health
- Parenting



Our team

Merri-bek Council's Immunisation Team provides an excellent, safe and friendly immunisation service.

- We have an expert team of nurses and administration officers.
- Our nurses are Registered Division 1 Nurses with an additional qualification in immunisation.
- To obtain an Immunisation History Statement for childcare, kindergarten or school enrolment you must access it through your MyGov account or Medicare app, contact the Australian Immunisation Register on **1800 653 809** or attend a Medicare or Centrelink office.
- If you don't have a Medicare card you can contact us for assistance in obtaining an Immunisation History Statement.
- Please contact us if you have questions regarding your immunisation history. Email **immunisation@merri-bek.vic.gov.au** or **9240 1111** and follow the prompts.
- Immunisation Sessions are held regularly throughout the month. This includes 2 evening sessions and 1 Saturday session.
- Our sessions are run by appointment only, please check our website for appointments and information at **merri-bek.vic.gov.au/immunisation**

What to bring with you:

- Your Child Health Record or other Immunisation Record Book
- Medicare card (if you have one)
- Something that might distract, comfort or entertain your child



Scan for Immunisation information and appointments

Appointments

Visit **merri-bek.vic.gov.au/immunisation**

A Step-by-Step Guide to Immunising Your Child with Merri-bek City Council

1. Visit our website to make an appointment.
2. On the day of your appointment, you will receive a pre-immunisation checklist by email. Please complete this before attending.
3. On arrival, your paperwork will be processed by our Admin team. Following this, you will take a seat in the pre-immunisation area.
4. We have translated information available. Please ask for your preferred language.
5. If you have any concerns or questions about your child's immunisation, please contact our immunisation team.
6. Children under 12 months of age receive their vaccines in their thighs and children 12 months and older receive their vaccines in their arms.
7. You will be called by the immunisation nurse. The nurse will ask about your child's health and any problems with previous immunisations.
8. Spoken and written information will be given advising of possible reactions and what can be done to treat them. This is when you give consent for immunisation.
9. You may wish to breast/bottle feed whilst the injection is given. After the injection, you will be asked to wait in an area close by for 15 minutes.

This is an important safety measure in case your child has a reaction. A severe reaction is very rare and will usually happen within a few minutes of the injection. Signs to look for are skin rashes, facial swelling, pallor, limpness, or breathing difficulties. If you are at all worried about your child, tell the immunisation nurse immediately.

Frequently asked questions

What age do I immunise my child?

In the Child Health Record, look for the purple section marked "My Immunisation Record". Your child must be at least 6 weeks old to receive their first immunisations.

May I breast or bottle feed my child during immunisation?

Yes.

What if I miss my appointment?

Please visit our website to make a new appointment or call us on 9240 1111 & follow the prompts

What if my child is ill – should I still attend?

YES: If your child only has a runny nose and everyone else in the family is well, or is taking antibiotics they can still attend for immunisation.

NO: If a child or family member is unwell with fever, sore throat, or cough, immunisation should be postponed until they are well.

If you have any doubts, please contact the Immunisation Nurse on **9240 1111**.

What vaccines does council provide free of charge?

Routine vaccines are provided free of charge by council as part of the National & State Immunisation Programs.

Are there additional vaccines available?

Please speak with our staff regarding other available vaccines. Depending on the vaccine you may be able to purchase it at our session, or you may need to attend your local doctor or the Royal Children's Hospital. Council has EFTPOS facilities available should payment be required.

Contact us

Merri-bek City Council

Locked Bag 10
Brunswick Victoria 3056

Phone: 9240 1111

Email:

immunisation@merri-bek.vic.gov.au

Or visit our website at

merri-bek.vic.gov.au/immunisation

Playgroups

Playgroups bring young children and families together to learn and develop through informal play activities and social interaction. Playgroups help families build social and support networks that encourage and assist them in their valuable parenting role. For more information email **playgroups@merri-bek.vic.gov.au** or telephone **9240 2307** or **9240 2455**.

Council runs Supported Playgroups which provides families with all the benefits of a community playgroup but also offers further support to families to improve their child's

learning and development through the Smalltalk program. Eligibility criteria applies. Phone **9240 2455** or email **playgroups@merri-bek.vic.gov.au** to find out more.



Scan QR code to learn more about playgroups

Pre-school Dental Service

Holstep Health

Phone **1300 637 744** Option 1

Holstep Health Service Access phone
1300 637 744





Family Day Care

Merri-bek Family Day Care is an approved early childhood education and care service that is offered in the homes of registered Family Day Care Educators. It is for children from birth to 12 years of age. The service is currently rated as Exceeding National Quality Standard as part of the National Quality Assessment and Rating Process.

Family Day Care Educators are experienced and qualified early childhood professionals who provide high-quality care and education for children in their own homes. Ongoing support, training, and monitoring are provided by our Coordination Unit.

Family Day Care offers flexible arrangements and can provide care:

- outside business hours
- on weekends
- before and after school/kindergarten
- during school holidays.

Family Day Care helps children develop confidence and social skills, and connects them with their local community.

For further information you can contact our Family Day Care Coordination Unit on **9240 2300** or email **FamilyDayCare@merri-bek.vic.gov.au**.



Scan QR Code to access the
Family Day Care information

Occasional Child Care

Children (aged from three months up to six years) are cared for in a range of neighbourhood venues. Care is available for up to three hours per session. Contact the individual centres for operational details and costs.

Brunswick Neighbourhood House

18 Garden Street Brunswick
Phone: 9387 9901
childcare@bnhc.vic.edu.au

Coburg Leisure Centre

Bridges Reserve Russell Street (off Bell Street) Coburg
Phone: 9354 3504
jess.sbaraglia@ymca.org.au

Fawkner Occasional Child Care

Building 3, 79 Jukes Road, Fawkner
Phone: 0492 044 794 / 9359 1824

Early Years Registration

We have an agreement with Family Day Care and a number of children's centres in Merri-bek to take registrations for places on their behalf. This means booking a place is fair, accessible and easy.



Scan QR code to access the Child Care Central Registration information



Children's centres (child care)

Children's Centres (also known as Long Day Care) provide child care programs for children 0-6 years. Age-appropriate programs are offered to all the children focusing on their interests and developmental needs. Funded Kindergarten is also provided in the Long Day Care setting.

Brunswick

Brunswick Creche and Day Nursery

82 Glenlyon Road, Brunswick
Phone: 9380 1740
admin@brunswickcreche.org.au

Dawson Street Child Care Cooperative

31 Dawson Street, Brunswick
Phone: 9380 8668
dsc@dawsonstreetcc.org.au

Dewdrops Early Learning – Brunswick West

318 Hope Street, Brunswick West
Phone: 9381 1850
brunswick@dewdrops.vic.edu.au

Dewdrops Early Learning – Moreland

96 Moreland Road, Brunswick
Phone: 9383 1990
moreland@dewdrops.vic.edu.au

East Brunswick Child Care Centre and Kindergarten

2-8 Noel Street, Brunswick East
Phone: 9489 3037
east.brunswick.kin@kindergarten.vic.gov.au

Froliq Early Learning Centre

123 Albion Street, Brunswick
Phone: 8383 1456
brunswick@froliq.com.au

Guardian Childcare and Education - Brunswick

62 Blyth Street, Brunswick
Phone: 9387 1111
brunswick@guardian.edu.au

Happy Hippo Kindergarten and Childcare Brunswick

282 Victoria Street, Brunswick
Phone: 8560 5400
centre@happyhippo.net.au

Little Achievers Early Learning Centre

Ground Floor, 11-15 Brunswick Road, Brunswick East
Phone: 8595 0280
support@littleachieverseb.com.au

Montessori Beginnings Brunswick

148 Nicholson Street, Brunswick East
Phone: 9125 4260
brunswick@mbegin.com.au

Moreland Community Childcare Centres

Dunstan Reserve

49 Everett Street, Brunswick West
Phone: 9386 6449
dunstan@mcccc.com.au

Mitchell Street

98 Mitchell Street, Brunswick
Phone: 9383 2708
mitchell@mcccc.com.au

Tinning Street

77 Tinning Street, Brunswick
Phone: 9386 5389
tinning@mcccc.com.au

Only About Children – Brunswick West

484 Victoria Street, Brunswick West
Phone: 9002 0203
brunswickwest@oac.edu.au

Park Street Early Learning Co-op

785 Park Street, Brunswick
Phone: 9387 6147
parkst@parkst.org.au

The Learning Sanctuary Brunswick

Level 5, 181 Weston Street,
Brunswick
Phone: 9388 0058
brunswick@thelearningsanctuary.
com.au

Coburg

Anne Sgro Children's Centre

45-47 May Street, Coburg
Phone: 9354 3197
admin@annesgro.com.au

Antonine Sisters Early Learning Centre

11 Barrow Street, Coburg
Phone: 9383 6766
info@antoninesisterschildcare.org.au

Barry Beckett Children's Centre

12 Connolly Avenue, Coburg
Phone: 9354 6712
office@barrybeckett.org.au

Casa Bambini Coburg

962-966 Sydney Road, Coburg
Phone: 9350 5420
coburg@casabambini.com.au

Coburg Children's Centre

1 Wardens Walk, Coburg
Phone: 9354 7633
office@coburgchildrenscentre.org.au

Dewdrops Early Learning – Coburg

36-40 Barrow Street, Coburg
Phone: 9384 1734
coburg@dewdrops.vic.edu.au

Imagine Childcare and Kindergarten – Coburg

311 Sydney Road, Coburg
Phone: 1300 001 154
coburg@imagineelc.vic.edu.au

Kids on the Avenue Children's Centre

32 The Avenue, Coburg
Phone: 9383 6544
office@kota.com.au

Nido Early School Coburg North

168 Elizabeth Street, Coburg North
Phone: 7038 3526
coburnorth@nido.edu.au

Pelican Childcare – Coburg

1A Woiwuring Crescent, Coburg
Phone: 9354 9300
coburg@pelicanchildcare.com.au

Shirley Robertson Children's Centre

1A Cameron Street, Coburg
Phone: 9383 3359
hello@srcc.com.au

The Grove Children's Centre

38-40 The Grove, Coburg
Phone: 9386 3033
info@thegrovechildcare.com.au

The Learning Space Coburg

222A Bell Street, Coburg
Phone: 9350 5000
hello.coburg@thelearningspace.com.
au

Fawkner

Story House Early Learning - Fawkner

1218 Sydney Road, Fawkner
Phone: 9359 6167
fawkner@shel.edu.au

Wimbi Early Learning Victoria

84 Lowson Street, Fawkner
Phone: 7042 1640
elv.wimbi@education.vic.gov.au

Glenroy

Busy Bees – Glenroy

51 Gladstone Parade, Glenroy
Phone: 9306 8418
manager@glenroy.busybees.edu.au

Glenroy Hub Children's Centre

50 Wheatsheaf Road, Glenroy
Phone: 9038 9430
GHCCOffice@nseyc.org.au

Goodstart Early Learning – Glenroy

851-853 Pascoe Vale Road, Glenroy
Phone: 9304 2788
glr@goodstart.org.au

Ilim Learning Sanctuary – Glenroy

48-50 Box Forest Road, Glenroy
Phone: 9359 4444
glenroysanctuary@ilimcollege.vic.edu.au

Nido Early School – Glenroy

4 Hartington Street, Glenroy
Phone: 8592 8087
glenroy@nido.edu.au

Small Friends and Childcare and Education - Pearl Street

2 Pearl Street, Glenroy
Phone: 9306 8366
pearlstreet@smallfriendchildcare.com.au



Where We Grow Early Learning Glenroy

42 William Street, Glenroy
Phone: 9300 1447
glenroy@wherewegrow.com.au

Hadfield

Hadfield Early Learning Centre

82-86 West Street, Hadfield
Phone: 8682 8866
info@hadfieldelc.com.au

South Street Early Learning Centre

87 South Street, Hadfield
Phone: 8652 8502
info@southstelc.com.au

Oak Park

Eden Academy Oak Park

1-3 Station Road, Oak Park
Phone: 7020 2363
oakpark@edenacademy.com.au

Oak Park Children's Centre

667 Pascoe Vale Road, Oak Park
Phone: 9304 2922
director@oakparkchildrenscentre.com.au

Oak Park Early Learning

718 Pascoe Vale Road, Oak Park
Phone: 7053 1111
enquire@oakparkearlylearning.com.au

Small Friends Childcare - Oak Park

234-236 Waterloo Road, Oak Park
Phone: 8383 3056
oakpark@smallfriendschildcare.com.au

Pascoe Vale

Coburg and Pascoe Vale South Child Care Centre

236 Melville Road, Pascoe Vale South
Phone: 9350 2026
info@cpvsc.com.au

Community Kids Pascoe Vale Early Education Centre

656 Bell Street, Pascoe Vale South
Phone: 9354 6132
pascoevale@communitykids.com.au

Derby Street Children's Centre

122-124 Derby Street, Pascoe Vale
Phone: 9354 9995
derby.st.cc@kindergarten.vic.gov.au

Eden Academy Pascoe Vale

22-24 Burgundy Street Pascoe Vale
Phone: 8609 2356
pascoevale@edenacademy.com.au

Goodstart Early Learning Centre Pascoe Vale

220 Cumberland Road, Pascoe Vale
Phone: 1800 222 543
pvl@goodstart.org.au

Guardian Childcare and Education – Pascoe Vale

200 Cumberland Road, Pascoe Vale
Phone: 9304 4090
pascoevale@guardian.edu.au

Guardian Childcare and Education - Pascoe Vale South

120-122 Cumberland Road, Pascoe Vale South
Phone: 9088 7440
pascoevalesouth@guardian.edu.au

Only About Children Coonans Hill

38A Coonans Road, Pascoe Vale South
Phone: 9383 3999
coonanshill@oac.edu.au

The Learning Space

134 Cumberland Road, Pascoe Vale
Phone: 9001 6373
pascoevale@thelearningspace.com.au

Treetop Early Learning

312 Gaffney Street, Pascoe Vale
Phone: 9125 9125
pascoevale@treetop.com.au



Kindergartens

Kindergartens

Kindergarten, also known as preschool, is an educational, play-based learning program for 3-year-old and 4-year-old children. It is delivered by a degree-qualified early childhood teacher.

Kindergarten provides children with the chance to develop their independence, confidence, social and emotional skills.

Kindergarten programs are delivered within childcare services and for free in sessional 3 and 4 year old kindergarten programs.

Kindergarten Central Enrolment

Merri-bek City Council administers a Kindergarten Central Enrolment system for 3 and 4-year-old children. Enrolments open early April. For further information please contact the Kindergarten Central Enrolment Officer on **9240 2477** or email centralenrolments@merri-bek.vic.gov.au.



Scan the QR code to access the Kindergarten Central Enrolment information

Brunswick

Brunswick Kindergarten

61 Glenlyon Road, Brunswick
Phone: 9380 8948
brunswick.free.kin@kindergarten.vic.gov.au

Brunswick Montessori Children's House

18A Wales Street, Brunswick West
Phone: 9386 6400
info@bmch.org.au

Denzil Don Kindergarten

256 Union Street, Brunswick West
Phone: 9380 8420
denzil.don.free.kin@kindergarten.vic.gov.au

East Brunswick Child Care Centre and Kindergarten

2-8 Noel Street, Brunswick East
Phone: 9489 3037
east.brunswick.kin@kindergarten.vic.gov.au

North West Brunswick Kindergarten

34 Rose Street, Brunswick
Phone: 9386 5676
nwbkcommittee@gmail.com

Northwest Montessori Preschool – Brunswick

55 Mitchell Street, Brunswick
Contact Us - Northwest Montessori Preschool (nwmontessori.vic.edu.au)

Coburg

Barry Beckett Children's Centre

12 Connolly Avenue, Coburg
Phone: 9354 6712
office@barrybeckett.org.au

Coburg Children's Centre

1 Wardens Walk, Coburg
Phone: 9354 7633
office@coburgchildrenscentre.org.au

Lake Park Kindergarten

20B Carr Street, Coburg North
Phone: 9350 1552
lakeparkkindergarten@meym.org.au

Moreland Kindergarten

Merri-bek Primary School
157-163 Moreland Road, Coburg
Phone: 9386 3517
office@nseyc.org.au

Newlands Preschool

20 Murray Road, Coburg North
Phone: 9354 3293
newlandspreschool@meym.org.au

North West Montessori Preschool – Coburg

Cnr Jersey and O'Hea Streets, Coburg
Contact Us - Northwest Montessori Preschool (nwmontessori.vic.edu.au)

St Linus Kindergarten

13 Delta Avenue, Coburg North
Phone: 0466 596 694
stlinuskindergarten@meym.org.au

Fawkner

Fawkner Kindergarten

5 Lee Street, Fawkner
Phone: 9359 2480
fawkner.kin@kindergarten.vic.gov.au

Lorne Street Kindergarten

Fawkner Primary School
40 Lorne Street, Fawkner
Phone: 9359 5635
office@nseyc.org.au

Moomba Park Kindergarten

65 Alec Crescent, Fawkner
Phone: 9359 6204
moombaparkkindergarten@meym.org.au

Glenroy

Belle Vue Park Kindergarten

Belle Vue Park Primary School
Morell Street, Glenroy
Phone: 9306 4868
office@nseyc.org.au

Glenroy Central Kindergarten

Glenroy Central Primary School
10 Logan Street, Glenroy
Phone: 9997 2882
office@nseyc.org.au

Glenroy Memorial Preschool

Glenroy Community Hub
3/50 Wheatsheaf Road, Glenroy
Phone: 9306 9767
glenroy.memorial.kin@kindergarten.
vic.gov.au

Glenroy West Kindergarten

701 Pascoe Vale Road, Glenroy
Phone: 9306 9365
admin@glenroywestkindergarten.
com.au

Will Will Rook Preschool

208A Hilton Street, Glenroy
Phone: 0430 622 840
office@nseyc.org.au

York Street Kindergarten

Glenroy West Primary School
York Street, Glenroy
Phone: 9304 3308
office@nseyc.org.au

Gowanbrae

Gowanbrae Children's Centre

2A Marigold Crescent, Gowanbrae
Phone: 9330 4667
gowanbrae.cc@meym.org.au

Hadfield

H.E. Kane Uniting Kindergarten

20A Volga Street, Hadfield
Phone: 9454 9720
hekane.els@vt.uniting.org

Oak Park

Glen Oak Kindergarten

11 Watt Avenue, Oak Park
Phone: 9306 7466
glen.oak.kin@kindergarten.vic.gov.au

Oak Park Kindergarten

1A Short Avenue, Oak Park
Phone: 9306 6200
oakparkkindergarten@meym.org.au

Pascoe Vale

Brentwood Kindergarten

36 Brentwood Avenue, Pascoe Vale
South
Phone: 9386 3547
info@brentwoodkindergarten.com.au

Doris Blackburn Preschool

20 Woodlands Avenue, Pascoe
Vale South
Phone: 9386 1337
doris.blackburn.kin@kindergarten.vic.
gov.au

Kent Road Uniting Kindergarten

137 Kent Road, Pascoe Vale
Phone: 9306 7647
kentroad.els@vt.uniting.org

Pascoe Vale Community Centre Kindergarten

7 Prospect Street, Pascoe Vale
Phone: 0489 241 026
pvckkindergarten@meym.org.au

Turner Street Preschool

38 Turner Street, Pascoe Vale South
Phone: 9350 1902
turnerstkindergarten@meym.org.au





Children's Services Resource and Support Services

Children's Services Unit

Children's Services Unit provides information, resources and support to families and service providers.

Contact us on **9240 1111**

Parent Information Sessions

Council's Children's Services Unit provides information sessions for parents throughout the year covering a variety of topics.

Phone **9240 1111**.



Scan QR Code for information on Parent Information sessions

Preschool Field Officers (PSFOs)

The Preschool Field Officer Program is an early intervention outreach service that is available for children attending a state-funded kindergarten (a preschool is the same as a kindergarten). Preschool Field Officers support the access and participation of children with additional needs at kindergartens in Merri-bek.

For more information call Merri-bek City Council on **9240 1111** and ask to speak to a member of the Preschool Field Officer team or email psfo@merri-bek.vic.gov.au.



Scan QR Code to access information on the Preschool Field Officer Program

Kindergarten Outreach Support Program for Culturally and Linguistically Diverse (CALD) children and families

The Outreach team offers support to enrol your children into 3-year-old and 4-year-old kindergarten program, assist you to address engagement barriers, support transition and ongoing participation in education and linking you to other early childhood supports in your local area.

For more information call Merri-bek City Council on **9240 1111** and ask to speak to a member of the Kindergarten Outreach Support Team or email KOO@merri-bek.vic.gov.au



Scan the QR code to access information on the Kindergarten Outreach Support Program

Inclusion Support Professionals

Inclusion Professionals (IPs) support the access and participation of children with additional needs at Long Day Care, Family Day Care, School Holiday Programs and Out of School Hours Care Programs in Merri-bek.

The Inclusion Support Program is delivered by the Victorian Inclusion Agency. Phone: **1800 177 017**.



Out of School Hours Care Program

Out of School Hours Care Programs operate from a number of Merri-bek Primary Schools. The programs provide care and recreation for school-aged children before and/or after school. For more details contact your local primary school.



Youth Programs

Council offers a variety of programs and opportunities for people aged 12 - 24, who live, work or study in Merri-bek. These programs give young people the chance to learn skills, find work, meet friends, and socialise in safe and inclusive spaces. Programs and opportunities include drop-in spaces, health & wellbeing activities, music rehearsal & recording spaces, leadership programs and school

holiday workshops. All programs are supervised by qualified youth workers & facilitators. For more information call **1800 MY YOUTH (1800 699 688)** or email **merribekyouth@merri-bek.vic.gov.au**



Scan QR Code to
access Merri-bek
Youth Programs





Other Useful Information

How Heat Impact Babies

Looking After Babies In Heatwaves

In hot weather, babies and young children are at risk of becoming overheated and being affected by heat.

- When it's hot, offer your baby more to drink — breastfeeds or bottle feeds.
- Dress your baby comfortably in loose clothing in hot weather.
- It is best not to leave baby in the pram.
- Do not cover the pram as the air can become hot inside.
- Use a fan to circulate cool air but do not put this directly on baby
- If using an air conditioner, check the baby is not getting too cold – about 24 – 25 degrees Celsius is cool enough
- Avoid travelling with baby in the hot weather. If you need to travel, try to go out in the cooler part of the day.
- If you do not have a fan or air conditioner, you can cover your baby's or toddler's body with cool damp cloths. You can also place wet towels or sheets near the bassinette or cot to cool the air around them. Do not place loose bedding or towels in the cot. Check on your baby regularly to make sure they are not getting too cold.
- Check baby is having 6 – 8 wet nappies per day
- Give baby a lukewarm (not cold) bath

Heat related illness in babies

During hot weather babies and young children can be at risk from heat related illness such as heat stress or heat stroke.

Monitor your baby during hot weather as they can lose body fluids quickly and become dehydrated.

Some signs to look for are:

- Baby looks unwell and maybe more irritable than usual
- Baby seems floppy
- Pale and clammy skin which becomes hot and flushed
- Increased sweating
- Refusal to drink
- Has fewer wet nappies than usual
- The soft spot (fontanelle) on the top of Baby's head may be sunken or lower than usual.

See a doctor, call the MCH Line 132 229 (24 hours) or NURSE-ON-CALL 1800 022 222 or if you think your baby looks unwell, is refusing to drink, has fewer wet nappies or is vomiting.

In an emergency, call triple zero (000)



Scan QR Code to access information on heatwave precaution for babies & young children

Safety In The Home

Everyone has the right to feel safe at home

Babies and children who hear and see violence are at serious risk of harm and can be affected by this into their adult lives.

Violence can take many forms;

- Physical abuse
- Sexual abuse
- Psychological/emotional abuse
- Verbal abuse
- Financial abuse

Examples might include;

- Feeling controlled financially and socially
- Being blamed for anything that might go wrong
- Feeling frightened by your partner or another family member

You can speak with:

- Police
- Doctors
- Maternal and Child Health nurses
- Domestic violence services
- Family or friends

Domestic, family and intimate partner violence is against the law

If you fear for your safety and/or the safety of your children
call the police on 000 - 24 hours 7 days a week

If possible, remove yourself and your children from the situation and
go somewhere safe.

For assistance, contact:

Safe Steps - Family Violence Response Centre

1800 01 51 88 (24 Hours)

1800 Respect

Confidential information, counselling and support service

1800 737 732 (24 hours)

or

text 0458 737 732

or

online chat at www.1800respect.org.au

Accessibility is supported through the National Relay Service and the Translating
and Interpreting Service

Men's Line

Free professional phone and online counselling to men

1300 78 99 78 (24 Hours)

mensline.org.au

Content courtesy of Boroondara MCH Service

Contact Us

Call us

9240 1111

info@merri-bek.vic.gov.au

Online

merri-bek.vic.gov.au

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Disclaimer

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Merri-bek
City Council

Speak with us in your language



Per saperne di più nella tua lingua, chiama il numero **9280 1911**

Για να μάθετε περισσότερα στη γλώσσα σας, καλέστε το **9280 1912**

لمعرفة المزيد بلغتك، اتصل
بالرقم **9280 1913**

اپنی زبان میں مزید جاننے کے لیے
9280 1917 پر کال کریں۔

तपाईंको भाषामा थप जान्नेको लागि,
9280 1910 मा कल गर्नुहोस्

Kendi dilinizde daha fazla bilgi edinmek için **9280 1914**'ü arayın

如需了解更多您语言版本的信息, 请致电 **9280 0750**

Para saber más en tu idioma llama al **9280 1916**

Để tìm hiểu thêm bằng ngôn ngữ của bạn, hãy gọi **9280 1915**

अपनी भाषा में और अधिक जानने के लिए,
9280 1918 पर कॉल करें

To speak with us in a language not listed here, please call
9280 1919

For more information visit
merri-bek.vic.gov.au/your-language